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Research Project Pages (RPP): Conducting your Research Investigation

The following pages provide documents to help you conduct your research investigation. Throughout this unit, you are addressing the question: "Why do some people become regular smokers and others do not?" by the carrying out these steps:

- Develop an overarching hypothesis from smoker profiles, your intuition/observations, and past research (Lessons 1-5).
- Create specific hypotheses that relate to your overarching hypothesis from the Smoking Behavior database questions (Lesson 6).
- Analyze many questions from the Smoking Behavior database to generate new hypotheses for future studies (Lesson 7).

The above bullet points are broken down into the following sections of RPP:

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Lesson 1. Preliminary Ideas about Smoking Behavior

Write a paragraph describing three or four reasons why you think some people smoke and others do not. What evidence do you have for each reason you gave?

The obvious reasons why people may smoke is that they want to be "cool" to their peers or they saw their parents smoke before, which sends subliminal messages to their brain saying that it's OK to smoke. Another reason why people may smoke is that nicotine or some type of chemical factor may have affected the ancestors of the human so that the human is now addicted to smoking. Evidence for this reason is movies & videos & on how ~~smoke~~ ~~smoker~~ smoking is cool. These motion pictures depicts guys who smoke & people who see that think that if they do it that they'll be cool. Another thing is that evidence is that data shows that tribes such as the ~~mi~~ Mayans used to smoke. Their habits were possibly passed down to other generations. They were also probably curious as to why people were smoking so they tried it. Another thing is that people always seem relaxed after they smoke. That's just a direct observation.

The reasons why people don't smoke is that it ^{does not seem} very scrupulous to smoke because parents always tell their children that it's unhealthy and smoking is associated with gangs & those who deal / ~~to~~ go to casinos. Another reason why ~~smoking~~ people don't smoke is that their body doesn't react to the nicotine. ~~and~~ They also ~~th~~ the evidence for the first reason is that of course the parents dilled in subliminal "propaganda" to their children at a young age so the children grew up thinking smoking is bad. In movies, gangsters are always depicted dealing money in a dimly lit room as they smoke. Evidence for the third reason is that the body may not have the genes that encode the proteins needed for the person to react with the molecules. Although I do not have evidence for that opinion, correlation to diabetes is apperant. since gene defect doesn't allow for the insulin to react with the insulin receptor sugars aren't able to be entered. This is what is most likely happening with the nicotine & proteins of the body. Some how the proteins can't react with the nicotine due to gene defect.

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Lesson 2. Research Topic and Overarching Hypothesis

Directions

Work with your research team to provide the following information. Each person should complete their own sheet.

1. Research Team name:

2. Research Team members:

3. What is your research topic?

Physiological effects

4. Why does this topic interest you?

This interests me b/c I want to understand more about why it causes changes & reactions in the body from one person to another.

5. How does your research topic relate to the driving question, "Why do some people become regular smokers and others do not?"

This research topic relates to the driving question because the changes that smoking makes can greatly affect whether or not a person is influenced by peer pressure, family, or media.

6. Do a Google Scholar search to find out what other studies have shown related to your research topic. Summarize key findings below.

~~In nonabstinent smokers/nonsmokers, nicotine enhanced finger tapping performance.~~ Unlikely that performance-enhancing effect of nicotine play an important role in the initiation of cigarette smoking? (psycnet.apa.org) Journals / pha / 2 / 4 / 345 / While another article shows relationship \leftrightarrow body weight & smoking. They conclude that.

7. What is your overarching hypothesis?

Those who have less sensitive receptors to the bitter chemicals of nicotine & other products of the cigarette will most likely smoke.

8. What evidence from the smoker profiles, prior studies, and your own experience did you use to form this hypothesis?

The evidence from ~~prior~~ ^{that} we used to form this hypothesis is, that on student sheet 2.3 says that ^{those w/} less sensitive to bitter tastes than others will ~~more~~ be more likely to ~~to somewhat~~ enjoy the taste of cigarettes. This may be a factor that determines whether or not they'll ~~stop~~ continue it or they'll stop.

9. List 4-5 question numbers from the research questionnaire that will help you to test your hypothesis.

- Q 18. Did you experience any of the following?
- 24 Why did you become a regular smoker?
 - 25 Why didn't you become a regular smoker?
 - ~~26~~ ~~all~~ ~~6~~ How soon after you wake up do you smoke your first cigarette?
 - 26. Pleasurable feeling
 - "Buzz"
 - good taste in mouth
 - bad taste in your mouth
 - good taste
 - bad taste
 - relaxed feeling
 - increased focus / concentration
 - stress
 - craving / ↓ appetite

14. About how long did your ~~tear~~ ^{smoking phase last?} experimental?

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Lesson 3. Genetic Component to Research Topic

1. Your group may be focused on a topic that is mainly environmental. Do you think that there is also a genetic component to the topic/factor you are investigating?

I believe there must be a genetic component to the topic were investigating b/c proteins that determine intensity of buzz taste, & other ~~psycho~~ ~~phys~~ physiological factors depend on genes

2. In a paragraph, explain your thinking. How do you think this might affect a person who is experimenting with smoking?

Just I had said before that buzz, taste, & ~~psy~~ physiological factors that depend on the developed ~~from~~ nt of proteins depend on genes. In order for a person to react ~~then they must~~ to the components of the cigarettes, their proteins must react. If they don't have those proteins that react with these chemical components then ~~they must not work the way~~ the people must not have the genes because the genes produce certain proteins. This may make if they have the ~~proteins~~ genes that produce those proteins that react with those components then people will feel the buzz & the addictive components. ~~to~~ They'll soon get addicted & keep smoking.

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Lesson 4. The Smoking Behavior Case Control Study

Smoking Behavior Case Control Study

Research Question: What genetic and environmental factors might lead to someone becoming a regular smoker?

Outcome: Being a regular smoker

Exposures: Various environmental and genetic factors that might be associated with becoming a regular smoker.

The Exposure(s) our group is focusing on

are Physiological factors that affect smokers

Cases: Regular Smokers

Controls: People who have tried smoking and quit

Intended
Men and
women

Study Population

Actual number (in database)

Men: 89 73
Cases Controls

Women: 73 62
Cases Controls

Are men and women evenly balanced between cases and controls? Explain.

No, because ~~men~~ there are a lot more men who've done smoking. It's probably b/c more of these men had resources to it when they were young

25 - 54
Years Old

Age Group	Cases	Controls	Age Group	Cases	Controls	Age Group	Cases	Controls
25 - 29	12	34	30-34	15	28	35-39	24	20
40-44	29	19	45-49	41	16	50-54	41	18

Are the age groups evenly balanced between cases and controls? Explain

the age groups are not really balanced because the older they are the more people are still addicted to the smoking since they were young whereas people now are educated about the hazards of smoking.

American Indian / Alaskan Native

Cases: 5 Controls: 3

Asian

Cases: 4 Controls: 9

Diverse
Racial

Black/African American

Cases: 51 Controls: 15

Backgrounds

Native Hawaiian/ Other Pacific Islander

Cases: 1 Controls: 0

White

Cases: 88 Controls: 100

Are the racial groups evenly balanced between the cases and controls? Explain.

the racial groups are not evenly balanced because foreigners may not have been treated by researchers fairly in the past. Also, resources may account to the fact that they are not many of them are in the case or research

Lesson 4. The Smoking Behavior Case Control Study, continued

Questions:

1. The Smoking Behavior Study was conducted in the urban Puget Sound Region through the University of Washington. Why do you think there might have been problems properly matching cases and controls?

There may have been problems matching the cases & controls because of the different resources present to different races, ethnicity, and age groups.

~~Not only that but those who are in different ethnicities~~
 Not only that but this is a small group of people so its difficult trying to get an overall picture of what's going on. Sometimes they probably weren't able to get a ride.

2. How might the problems matching cases and controls (as far as gender, age, and racial group) affect the results of your investigation? Refer to your specific exposure(s).

~~More men may~~ The problems trying to match cases & controls for gender is that women may not really have taken a liking to smoking as much as men probably because most of them are busy at home while the husbands have more time. ~~Those who are cases probably are able to stick with it.~~ They have the same ratio so gender is a factor. As for age, the older people probably have more resources & experience at getting it at a cheaper price. Racial groups have been treated unfairly by researchers.

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Lesson 6a. Hypothesis Testing

Please see the Directions for the Research Project Pages to complete the following RPP.

Go to <http://www.sciencemathpartnerships.net/vlewrapperview.html>

Big Research Topic:

Psychological Effects of smoking

Overarching Hypothesis:

if the receptors are less sensitive to the chemicals of the chem then they will be less likely to become a smoker b/c there was effect.

Complete this section before entering database

Your 1st database question (give question # and question):

#18.7 During your experimental phase, did you experience any of the following? A decrease in stress.

Your specific hypothesis for this question:

If you experience a decrease in stress during your experimental smoking phase, then you are most likely going to be a smoker.

Exposed: Responses _____ and description in words:

Those that experienced a decrease in stress

Not exposed: Responses _____ and description in words:

Those who had no decrease of stress

Why did you define "exposed" and "not-exposed" this way?

To see if smoking had an effect on stress has anything to do with smokers or non smokers.

Study population (select one): Everyone Males Females

Testing your Hypothesis: Go to "Hypothesis Testing" to complete this page.

Odds Ratio: *10.82* Sample size: *251*

95% CI: *5.88 - 19.93* Does the 95% CI contain the value 1? *No*

Interpret the result:

a) Use the odds ratio in a sentence that describes what it means.

If the odds ratio is 10.82 then those who experienced a decrease in stress were 10.82x more likely than those who did not.

b) Is there an association between the exposure and the outcome? How do you know?

There's an association between the exposures & outcome b/c those that had a decrease in stress continued to smoke.

c) Do you think this exposure causes people to become a regular smoker? Apply the criteria for causality to support your answer.

Since our data had a ratio greater than one, then this shows that this has a strength of association & an increase in the exposure would cause a greater outcome such as more regular smokers. Not only that but it has biological plausibility to it.

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Lesson 6a. Hypothesis testing, continued

Complete this section before entering database

Your 2nd database question (give question # and question):

#18.2 # During your experimental smoking phase, did you experience any of the following regularly? A "buzz"
 Your specific hypothesis for this question: If you experienced a buzz during your experimental smoking phase, then you're more likely to become a smoker.

Exposed: Responses _____ and description in words:

Those who experienced a buzz

Not exposed: Responses _____ and description in words:

Those who felt no buzz

Why did you define "exposed" and "not-exposed" this way?

B/c the ~~peo~~ this helps separate those who may have been easily affected & those whom

Study population (select one): Everyone _____ Males _____ Females _____

& see their comparisons of cases & controls

Testing your Hypothesis: Go to "Hypothesis Testing" to complete this page.

Odds Ratio: 6.33 Sample size: 26995% CI: [3.33, 12.02] Does the 95% CI contain the value 1? NO**Interpret the result:**

a) Use the odds ratio in a sentence that describes what it means.

If the odds ratio is 6.33 then those who experienced a buzz is 6.33X more likely to become a smoker.

b) Is there an association between the exposure and the outcome? How do you know?

There's an association between the exposure & the outcome because the confidence interval doesn't include 1.

c) Do you think this exposure causes people to become a regular smoker? Apply the criteria for causality to support your answer.

This The exposure causes people to become a regular smoker because the confidence interval depending on the way their body processes cigarettes if it makes them feel good, then they would be more likely to become regular smokers because their body would become depressed on the way that it makes them feel due to biological plausibility

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Lesson 6a. Hypothesis testing, continued

Complete this section before entering database

Your 3rd database question (give question # and question):

#18.3 During your experimental smoking phase, did you experience any of the following regularly? A good taste in your mouth.

Your specific hypothesis for this question:

If smoking leaves a good taste in one's mouth then they'll most likely go to become smokers.

Exposed: Responses _____ and description in words:

Those who tasted thought smoking tasted good.

Not exposed: Responses _____ and description in words:

Those who disliked the taste of smoking.

Why did you define "exposed" and "not-exposed" this way?

So we can see if good taste can positively effect experimental smokers.

Study population (select one): Everyone ☒ Males ☐ Females ☐

Testing your Hypothesis: Go to "Hypothesis Testing" to complete this page.

Odds Ratio: 2.71 Sample size: 25495% CI: [1.47, 5] Does the 95% CI contain the value 1? yes**Interpret the result:**

a) Use the odds ratio in a sentence that describes what it means.

If the odds ratio is 2.71, then those who've experienced will be 2.71x most likely to smoke.

b) Is there an association between the exposure and the outcome? How do you know?

Yes there's an association between an exposure & the outcome because the OR is > 1 .c) Do you think this exposure causes people to become a regular smoker? Apply the criteria for causality to support your answer.It does make biological sense. If one likes the taste of smoking, then they'd most likely do it again. When someone is 15 years old they continue eating the same food. Of the association is > 1 .

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Lesson 6a. Hypothesis testing, continued

Complete this section before entering database

Your 4th database question (give question # and question): 4thYour specific hypothesis for this question: About how long did your experimental smoking phase last?Exposed: Responses _____ and description in words: If the experimental phase lasted for a long time then one is more likely to smokeNot exposed: Responses _____ and description in words: Experimental phase 1+ yearsWhy did you define "exposed" and "not-exposed" this way? Experimental phase 1- yearsStudy population (select one): Everyone ☒ Males ☐ Females ☐
To see if the person responds faster to or slower to the chemicals of cigarettes.

Testing your Hypothesis: Go to "Hypothesis Testing" to complete this page.

Odds Ratio: 0.32 Sample size: 26595% CI: [0.19, 0.54] Does the 95% CI contain the value 1? No**Interpret the result:**

a) Use the odds ratio in a sentence that describes what it means.

If the odds ratio is 0.32 those who underwent an experimental phase of a year or more were 0.32 times more likely to become a smoker

b) Is there an association between the exposure and the outcome? How do you know?

There is an association between the exposure & the outcome because the confidence interval doesn't include one.c) Do you think this exposure causes people to become a regular smoker? Apply the criteria for causality to support your answer.Since our data is a significantly away from one, there is an association between exposure & outcome is reliable. This does not cause people to become a regular smoker since the odds ratio is less than 1, this exposure is seen as a protective factor

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Lesson 6b. Mapping Activity

Directions: Fill in your overarching hypothesis in the oval below; then fill in each square with one of the four database question numbers and specific hypotheses. Using one of the three lines shown in the key, draw the relationship between each and **Becoming a Regular Smoker** at the bottom of the page.

Question #

Becoming a Regular Smoker

Key
 ↔ Association
 --- Causation
 → Neither

Overarching Hypothesis

if a person has less sensitive receptors to the chemicals of nicotine & other products, then they are less likely to become smokers

Question # *18.2*
 Specific Hypothesis
If you experience a buzz during your experimental smoking phase then you're most likely going to be a smoker

Question # *18.4*
 Specific Hypothesis
If your experimental phase lasted for a long period of time you're more likely to become a regular smoker.

Question # *18.3*
 Specific Hypothesis
If smoking leaves a good taste in one's mouth, then the smoker will most likely become addicted to the pleasant feeling keeps one coming back to smoking.

Question # *18.7*
 Specific Hypothesis
If you experience a desire to stress during your smoking phase you're most likely going to become a smoker

Becoming a Regular Smoker

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Lesson 6c. Drawing Conclusions

You will now look at the results for each of your four questions on RPP-7-10 and on the mapping activity to draw conclusions about your overarching hypothesis.

1. What do your results show about your overarching hypothesis?

what the results show about our overarching hypothesis is that if you experience any good feelings with ~~buzz~~ & ~~high~~ ~~res~~ ~~posit~~ positive response such as buzz, taste, & reduction of stress then you're more likely to become a smoker because all these factors allow for ~~the~~ the smoker to come back ~~to it~~ It makes them feel as if good inside so they go back to it.

2. Which pieces of evidence most strongly support your claim?

- a. Discuss one piece of evidence and why it supports your claim.

The one about the decrease in stress helps our case because the positive response makes a person want to reduce that feeling.

- b. Discuss a second piece of evidence and why it supports your claim.

The reason why those with the buzz feeling helps support the claim because people like the feeling that the buzz makes them.

3. How strong is the evidence that your overarching hypothesis is supported? Are there other ways to interpret your data?

These are very strong evidence because they are all ~~very~~ have very strong associations ~~with~~ as for 18, 7, 2, 3 — They all have ~~protective~~ factors while 14 has ~~an~~ a protective factor. Another way to interpret the data is that there may have been a food that had affected the taste/affect of the cigarette. As for the time people would have probably went straight into smoking.

4. What are the implications of your research for health? For your community?

The implications of our research for health is that if a community have never experience the pleasures & buzz of smoking then they wouldn't get addicted to smoking. Also, they'll be more healthy because they wouldn't have been addicted to it.

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Lesson 7a. Planning your Hypothesis Generation Research

During hypothesis testing, you were constrained in your queries to:

- Use four questions from questionnaire
- Plan and define your queries before doing them
- Define exposed and not-exposed one way only for each question

In Hypothesis Generation, these constraints no longer apply because you are using your results to propose a future study, not to draw scientific claims. In the Hypothesis Generation view of the database, you see case and control responses to the questions before you do the query, so you can deliberately define exposed and not-exposed to explore the effects on odds ratio.

After you and your teammates have had the chance to explore several questions, you will compare notes and then work together to propose a new case control study.

Work with your research team to answer the following questions:

- Describe two research topics that you would like to investigate in Hypothesis Generation, and explain why these topics interest you. One of your topics can be the one you used during Hypothesis Testing.

Research topic 1: *Does length of experimental phase ^{or timing} determine whether or not someone will be a smoker or not?*
 Why does this topic interest you? *Because if the results did something quite unexpected.*

Research topic 2: *Does a decrease in ^{stress} strength determine whether or not someone will be a smoker or not?*
 Why does this topic interest you? *Because it had a very large odds ratio, which seems to show that it has a very strong association.*

- List at least four questions that interest your team and are related to one of the two research topics. You can include questions that you used in Hypothesis Testing as well as new questions. You may also include questions that only have graphical information.

Questions related to research topic 1: Q# 12, Q# 13, Q# 14

Questions related to research topic 2: Q# 69, Q# 18.7, Q# 18.5

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Lesson 7b. Conducting Queries in Hypothesis Generation

Follow the instructions for Lesson 7B in the Directions for Student Research Pages. You may wish to do several queries on the same question. Record your results for each query in the table below. Use the Notes section to record your observations about trends in the data and interesting results.

Table 1: Keeping Track of Hypothesis Generation Searches

Question #	Exposed	Not Exposed	OR	CI	CI contains 1?	Odds Ratio Statistically Significant?	Sample Size
14	males exposed for 17 years	males not exposed for 17 years	3.41	[1.65 7.04]	yes	no	141
Notes:	odds ratio is not very high / get more been exposed than a year ago. This shows that those who have been exposed are more likely to be a smoker. χ^2 = 12.87						
16.2	males w/ good taste	males w/o good taste	12.87	[4.14 - 40]	NO	yes	124
Notes:	The OR is very high while the CI is not going to be a smoker b/c took w/ a sensitive receptor take shorter amount of time to become a smoker. χ^2 = 12.87						
18.3	males w/ good taste	males w/o good taste	3.73	[1.52 9.14]	yes	yes	136
Notes:	The OR is not very high & CI is large. This shows that the buzz that men feel keeps them coming back. χ^2 = 12.87						
18.7	males decrease in stress	males increase in stress	14.81	[4.81 35.19]	NO	yes	133
Notes:	The OR is high while the CI is even larger. This shows that men who face a decrease in stress are most likely to be exposed to becoming a regular smoker. χ^2 = 12.87						

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Lesson 7c. Hypothesis Generation and Proposing a New Case Control Study

Meet with your research team to complete this page after you have completed your Hypothesis Generation queries.

1. Share the data you recorded in Table 1: *Keeping Track of Hypothesis Generation Searches* with your teammates. Record the most interesting queries in the table below. They may be on one or more research topics.

Research Topic	Question #	Why topic and question are interesting
Does length or timing of experimental phase determine whether or not someone will be a smoker or not.	12	We picked this question topic is because age can affect how one reacts to smoking. Maybe the age has a correlation.
	13	If we figured out if they smoke when they first smoked an entire cigarette, we can figure out when where they're on their way
	14	If we know the duration experimental phase & how long it lasted, we could tell the range of time & how long it took to become non-smoking or smoking then maybe we'll see if the timing has a chemical effect on the person's stress.
Does a decrease in stress determine whether or not someone will be a smoker or not.	69	This can show how much cigarette may have affected a person's life & if the lack of stress pushed them to smoke.
	18.7	This will show us if the positive affect of decrease in stress makes people to want to not smoke. Also, if those who smoked frequently had the decreased feeling in stress.
	18.5	If they felt relaxed then that would show us that the genetic factors because the easier it is for one chemical to affect the receptors & in a positive manner then they're most likely to be a smoker.

2. Look at the data in the table above and decide which research topic your team will address in a proposed new case control study. Why did you choose this topic?

We chose ~~this topic~~ to do a research topic in stress because we saw how easily significant the information was & how much it correlated with men.

3. What trends do you notice in the queries you did on the questions related to this research topic?

The trends that I noticed in the queries that I did on the questions related to this topic is that although the amount of stress doesn't have a significant correlation in smoking, it seems that more males get the relaxed feeling than women & they also feel the stress falling away from them.

4. What are any other questions you would like to ask related to this topic?

Other questions that I would like to ask related to this topic is if there are ~~are~~ are there chemicals that are released that help enhance the effect that the chemicals of smoking has on a person, or

Lesson 7c, continued

Designing your proposed case control study:

5. Formulate a new hypothesis for your proposed case control study. What evidence did you use from your Hypothesis Generation queries to form this hypothesis?

if a person feels a reduction ~~from stress~~ of stress from smoking, then they will most likely become a smoker.

6. What is the outcome of your proposed case control study?

Note: It does not need to be the same as the outcome for this study. For example, you may be interested in designing a study focused on smoking cessation.

The outcome of the proposed case study is how

Why did you choose this outcome? ~~stress affects~~ stress affects make someone more likely to smoke. we chose this b/c we saw a very strong ~~and~~ significant finding.

7. Describe up to four exposures you would study related to your research topic and explain why you are interested in each exposure.

- Amount of work that they deal with. Maybe they want to
- other types of drugs used because this can if this makes a person relaxed, then they don't need to smoke.
- ~~food can~~ chemicals in Food b/c chemicals in the food can affect how one responds to smoking
- Amount of exercise; those who ~~turn off~~ exercise will have less stress than those who don't exercise

8. In your proposed case control study, what are the characteristics of your study population? Note: your study population can be different from the population in the original Smoking Behavior study. For example, you may want to study males only, or people from a certain race/ethnicity or age bracket.

Males

Why did you choose this study population?

because there was a strong correlation between men, smoking

& stress.

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Lesson 7c, continued

9. What are the characteristics of the cases and controls in your proposed study?

Note: They can be different from the cases and controls in the original Smoking Behavior study.

Control - those who don't have much on their hands, aren't volatile in their emotions.
Cases - are those who are busy, loaded, imitable, forgettable, bad tone

Why did you define cases and controls in this way?

Because those who are stressed are never not as relaxed & the difference is that one has a higher pressure put on them

10. Use your responses to Questions 2-9 above to complete the case control study design template.

Case Control Study Design

Research Topic: *whether the ^{amount of} stress induce smoking.*

Hypothesis: *If a person is more stressed, they will most likely ~~to~~ smoke.*

Outcome for new study: *Stress & if a person is an experimental smoker, are pushed to be regular smokers due to stress.*

Exposures you will test:

- Amount of ~~exercise~~ Exercise
 - Drug uses.
 - Work from (Jobs, college/school, chores).
 - Food Eaten
- } - Blood test
 } - Inquiry

Characteristics of Study Population:

Males in Puget sound Area that are at least who smoke

Characteristics of Cases:

- Busy (full of work) - NOT much of free time
- Loaded with work - volatile in emotions (bipolar?)
- imitable

Characteristics of Controls:

- Free time those with free time. - Relaxed
- Good control of emotions
- Those who are